



**Aptzr Potsticker Chicken**

SUPC: 6838916

*= Jade Mountain 120/102*

**Nutrition Information**

Serving Size: 5 piece(s) (142 grams)

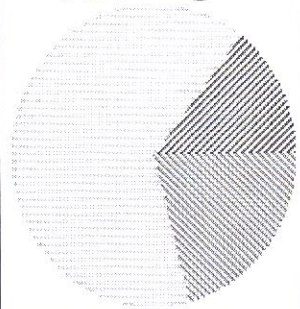
**Amount Per Serving**

Calories: 220

Calories from Fat: 32

		% Daily Value*
<b>Total Fat:</b>	3.5 GM	5%
Saturated Fat:	0.5 GM	2%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
<b>Cholesterol:</b>	25 MG	8%
<b>Sodium:</b>	700 MG	29%
<b>Potassium:</b>	NA	NA
<b>Total Carbohydrate:</b>	34 GM	11%
Dietary Fiber:	2 GM	8%
Sugars:	3 GM	
<b>Protein:</b>	11 GM	

**Calorie Percentages**



PRO - 21%  
CHO - 64%  
FAT - 15%

Vitamin A: 2%      Vitamin C: 20%  
Calcium: 4%      Iron: 15%

\* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories per gram:

Fat 9      Carbohydrate 4      Protein 4

**Ingredients:**

Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Cabbage, Dark Meat Chicken, Water, Soy Sauce (Water, Soybeans, Salt, and Wheat Flour), Celery, Contains Less Than 2% Of: Chicken Stock, Salt, Rice Flour, Green Onion, Modified Corn Starch, Sugar, Garlic, Sesame Seed Oil, Flavoring, Soybean Oil, Spice, Sodium Phosphate. Contains: Soy and Wheat.  
\*\*Beyond the small amount naturally occurring in soy sauce.

Allergens: Soy, Wheat

**Notes**

- The nutritional values indicated may not be complete based on limited information from product manufacturer.
- This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.
- If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging. To ensure complete and current information on a product, always contact the product manufacturer.
- These items' qualification as "gluten-free" is dependent on the accuracy of the gluten-free representations of the manufacturers of the items and their ingredients. Therefore, Sysco and its affiliates do not guarantee that any item will be completely gluten-free. Consumers with celiac disease and/or gluten sensitivities should exercise proper caution in the consumption of any food items and should always consider their individual dietary requirements and needs.